



# BLACKSTONE VALLEY RESOURCES



View our full resource listing on your phone or tablet at <https://bit.ly/BV-App> or on your computer at <https://bit.ly/BVResources2>

Category	Name	Contact Information	Location / Notes
Food & Nutrition  <i>**Please call before your first visit to food pantries to ensure availability</i>	Douglas Public Schools	508-476-4200 ext 1115 or 1132 <a href="http://www.douglas.k12.ma.us/news">http://www.douglas.k12.ma.us/news</a>	Elementary School, 19 Davis St, Douglas <i>"Grab &amp; Go" for Free &amp; Reduced eligible students only. Pickup Mon/Wed 10-12</i>
	Mendon Food Pantry at Senior Center	508-478-6175 <a href="http://mendonma.gov">mendonma.gov</a>	62 Providence St, Mendon <i>Call for info. Mendon residents only.</i>
	NAC Food Pantry	508-234-4599 <a href="https://facebook.com/NACTogether/">facebook.com/NACTogether/</a>	20 Highland St, Whitinsville <i>Tues 10-12 &amp; Thurs 1-3</i>
	Northbridge Public Schools	508-234-8156 <a href="http://nps.org">nps.org</a> (email: <a href="mailto:kross@nps.org">kross@nps.org</a> )	Pickup at Balmer School <i>Mon &amp; Thur 9-11 NB "Free/Reduced" eligible students only</i>
	Peace of Bread	508-234-8220 <a href="http://whitinpres.org/peace-bread/">whitinpres.org/peace-bread/</a>	51 Cottage St, Whitinsville <i>"To-go" meals Wed nights, call for info</i>
	People First Food Pantry	508-278-5506 <a href="http://peoplefirstuxbridge.org/Pantry_Services.html">peoplefirstuxbridge.org/Pantry_Services.html</a>	19 Douglas St, Uxbridge <i>Tues 5-6pm, Wed 11-1 &amp; 6:30-8pm Uxbridge/Linwood residents only.</i>
	Project Bread	800-645-8333 <a href="http://projectbread.org">projectbread.org</a>	Referrals to local programs
	SNAP Benefits/Food Stamps	DTA 877-382-2363 <a href="http://mass.gov/snap-benefits-formerly-food-stamps">mass.gov/snap-benefits-formerly-food-stamps</a>	Apply by phone, online & via app. Talk to a case manager between 8:15am-4:45pm, M-F
	St. Denis Church Food Pantry	508-476-2002 <a href="http://saintdenischurch.com/douglas-ecumenical-food-pantry">saintdenischurch.com/douglas-ecumenical-food-pantry</a>	23 Manchaug St, Douglas <i>Mon 4-6 &amp; Wed 1-3. Douglas residents only</i>
	Sutton Public Schools	Samantha D'Angelo, Food Service Director 508-581-1600 ext 4329 <a href="mailto:ordangelos@suttonschools.net">ordangelos@suttonschools.net</a>	Grab & Go breakfasts & lunches Mon-Fri. Must call to set up & obtain more info.
Town of Douglas Food Distribution Plan	508-476-2283 <a href="http://douglasma.org/cdd/selectmen/food/">douglasma.org/cdd/selectmen/food/</a>	Douglas residents only. Food is delivered to you. <i>Confidential. Call for info.</i>	
Uxbridge Public Schools	508-278-8648 <a href="http://uxbridgeschools.com/Page/591">uxbridgeschools.com/Page/591</a> (email: <a href="mailto:sbarstow@uxbridge.k12.ma.us">sbarstow@uxbridge.k12.ma.us</a> )	Pickups Mon, Wed, & Fri 11am-1pm @ Taft Early Learning Center. <i>Anyone under 21 regardless of residence or school.</i>	
WIC (South Central)	508-765-0139 <a href="https://facebook.com/SouthCentralWIC/">facebook.com/SouthCentralWIC/</a>	Call for info/sign-up	



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Addiction Recovery	NOWA Recovery Support Center	508-266-0210 facebook.com/nowarsc	Addiction & recovery resources & support
Childcare Vouchers	Cherub's Haven	508-234-2178 cherubshaven.com	Call for more info
	Child Care Resource & Referral (Seven Hills Foundation)	508-458-4532 sevenhills.org/programs/child-care-resources	Call for more info
	WCC's Blackstone Valley Children's Place (BVCP)	508-234-8184 whitincommunitycenter.com	Call for more info
Domestic Violence	New Hope	800-323-4673 new-hope.org	Confidential 24hr phone line, or M-F 10-2 online chat. Resources, support, advocacy.
	YWCA	508-755-9030 ywcahelp.org	Confidential 24hr phone line or online chat. Resources, support, & advocacy provided.
Elder Care & Support	Tri-Valley, Inc.	508-949-6640 tves.org	In-home care coordination, elder abuse & neglect assistance, health insurance options, caregiver support, resource & referral svcs.
	Alzheimer's Association	800-272-3900 alz.org	24hr phone line providing support & resources for caregivers of those with Alzheimer's Disease & other dementia.
Emergency Childcare	MA Dept of Early Childhood Education & Care (EEC)	617-988-6600 mass.gov/orgs/department-of-early-education-and-care	For children of essential workers only
Employment	MassHire	508-799-1590 masshirecentral.com	Local listings are available for essential jobs. Support & trainings also available.
Financial	Economic Stimulus Payment Info & Tax Relief	Phone support not currently available irs.gov	Information about receiving your stimulus check, and other tax information.
	Dept of Unemployment Assist.	617-626-6338 uionline.detma.org	Apply by phone & online
Housing	Citizens' Housing & Planning Association (CHAPA)	617-742-0820 chapa.org	Resources for basic needs & info about affordable housing incl. housing listings.
Various Supports & Resources	Blackstone Valley Connector / Family Continuity	508-488-5084 familycontinuity.org (email: bvchelp@familycontinuity.org)	Connect to supports for domestic violence, mental health, substance use, benefits, & other community resources. Some services provided directly.